

TEMENOS BETA TESTING - PRIVACY POLICY

Last updated: November 25, 2025

Valid during beta testing phase

PRIVACY & PERSONAL CONNECTION

Your privacy is sacred to us. Here's how we protect it while maintaining a personal therapeutic relationship:

You are free to be as anonymous as you like

- In our database, you appear as a random number (UUID), not as a person
- When we analyze sessions, we see "User_a7f2 had 5 Shadow Dungeon sessions" - not your real identity
- Your psychological work is separated from your contact details
- Future community features are optional and separately controllable
- You control how much you share in conversations

What We DO Need (Technical Reality)

- Your email address is required for login (without email we can't create an account)
- We need to be able to contact you for critical bugs or security issues

Our guarantee: Your psychological sessions are completely private from the development team. We cannot see your conversations with Falkor, your Type cards, MBTI analyses, or any session content. We only see email addresses linked to anonymous UUIDs and basic activity metadata (when rooms are entered, when sessions start). This tech

FALKOR & ANTHROPIC CLAUDE AI - WHERE DOES YOUR DATA GO?

What Anthropic Does NOT Do With Your Data

This is the most important part:

✗ NOT used for AI model training (this is explicitly forbidden in Anthropic's API Terms of Service)

✗ NOT shared with other companies

✗ NOT sold to third parties

✗ NOT permanently stored (maximum 30 days, then completely deleted)

How Falkor Works Technically

Falkor is powered by Claude AI from Anthropic. This means that during each conversation:

1. You type something in Temenos
2. Temenos sends this to Claude API (Anthropic's servers in the US)
3. Claude AI generates Falkor's response
4. Temenos receives the response and shows it to you
5. Temenos saves the conversation in our own database

What Anthropic Sees and Does

What Anthropic DOES see:

- The complete text of your conversations with Falkor
- Timing of your conversations
- Stored for maximum 30 days (for safety and abuse detection)

After that, completely deleted from their servers

What Anthropic does NOT see:


- Your name or email address (we only send the conversation text)
- Your MBTI data or type cards (unless you mention them in a conversation)

Your user behavior outside conversations (which rooms you visit, when you log in)

Other Temenos information

Can I Use Temenos Without Anthropic?

- No. Falkor is fundamentally dependent on Claude AI. No Anthropic means no Falkor, no Falkor means no Temenos.

 More information:

Anthropic Privacy Policy: <https://www.anthropic.com/legal/privacy>

Anthropic API Terms: <https://www.anthropic.com/legal/commercial-terms>

WHY WE HAVE A DATABASE AT ALL

Temenos Doesn't Work Without a Database

Temenos is not a simple chatbot. It's a platform that tracks your psychological journey, recognizes patterns, and guides you personally.

We store your data to:

- **Track your progress:**

Without a database, Falkor would start fresh every session. He wouldn't know you did shadow work last week, or which patterns you've already discovered.

- **Provide personal guidance:**

Falkor learns from your previous conversations to ask better, more relevant questions. This makes the difference between generic AI chat and real psychological guidance.

- **Generate visualizations:**

Your MBTI radar charts, progress bars, type card overviews - these are all based on data from previous sessions. Without database: no visualizations.

- **Recognize patterns:**

The whole point of Temenos is to identify patterns in your psyche. Without a database we can't see patterns that develop over weeks or months.

- **Cross-room synthesis:**

The Observatory combines insights from Shadow Dungeon, Dream Chamber and Mandala Garden. Without database, this synthesis is impossible.

In short: The database is not an "extra feature" but the foundation of Temenos. Without storing your data, we could only offer a generic chatbot - not a personal individuation companion.

WHAT WE COLLECT

For Your Account

- Your email address (for login)
- Your password (encrypted with bcrypt hashing)
- Your real first name (optional)

During Your Use

- Activity metadata only (when rooms are entered, when sessions are started)

Important Data Access Limitation:

The development team cannot access your conversations with Falkor, Type cards, MBTI data, or any detailed session content. We only see basic technical metadata: which rooms are being accessed and when sessions begin. This ensures maximum privacy for your psychological work while allowing us to maintain system stability.

If You Participate in Research (Optional)

- Questionnaire responses
- Interview recordings and transcripts (only with your explicit consent)
- Screenshots you share
- Voluntary diary notes

HOW WE USE IT

Product Improvement

- Identify and fix bugs
- Monitor system stability and basic usage patterns

Research

- Analyze basic activity patterns at aggregate level
- Understand effectiveness of individuation process

Marketing (Only With Your Explicit Consent)

- Anonymized quotes in marketing materials
- User statistics (e.g., "85% of beta testers found X")
- Testimonials (only if you give separate consent)

 WE NEVER SELL YOUR DATA TO THIRD PARTIES.

WHO HAS ACCESS TO YOUR DATA

Access to your data is strictly limited:

- The Developers: Minimal access: email addresses linked to UUIDs only. They can only see when rooms are entered and when sessions are started
- Anthropic (Claude AI Provider) Sees your conversations with Falkor (necessary for AI responses).

Can contact you for technical problems

Cannot access actual conversation content or detailed user data

- This includes: Founders + Technical Lead

Stores maximum 30 days for safety

- NO permanent storage, NO use for AI training
- See detailed section above for details
- Nobody Else

No external parties

No employers, insurers, or government

No data brokers or advertisers

SECURITY

As a beta test, we're implementing security measures appropriate to this early stage:

- Passwords are encrypted (bcrypt hashing)
- Access limited to the development team

We're a small startup team building security practices as we grow. If you have specific security concerns, please contact us at Team@temenosai.com

YOUR RIGHTS

You have complete control over your data:

- RIGHT TO ACCESS
 - Request your data at any time
- We send an export of all your information within 7 days

Contact: team@temenosai.com

- RIGHT TO DELETION
- Delete your account via Settings → Delete Account
- Or email team@temenosai.com
- Within 7 days everything is permanently deleted

No questions, no judgment

RIGHT TO CORRECTION

- See errors in your data? Let us know
- We correct within 48 hours

RIGHT TO STOP

Stop at any time with the beta

- Your data remains stored until you delete your account
- Or delete your account immediately - your choice
- RIGHT TO OBJECT

Don't want us to use certain data? Say so

AFTER THE BETA

When the test phase is over (in about 1-2 months):

- Option A: You Continue Using Temenos
- Your account simply continues to exist

Your data remains stored

- Regular Privacy Policy will apply (we'll send you this in advance)
- Option B: You Stop Using Temenos

Leave your account: data remains stored (like with any app)

Delete your account: within 7 days everything is gone

We'll send you an email at the end of the beta with your options.

LEGAL

Temenos B.V. is located in the Netherlands and falls under:

- AVG (Algemene Verordening Gegevensbescherming / Dutch GDPR)

GDPR (General Data Protection Regulation)

- If you have questions about your privacy rights:
- Email: Team@temenosai.com

Response time: within 24 hours

Formal complaint: Autoriteit Persoonsgegevens (autoriteitpersoonsgegevens.nl)

CHANGES TO THIS POLICY

If we change this policy during the beta:

- You'll receive an email at least 7 days in advance
- The changes will be clearly explained

You can delete your account if you disagree

CONTACT

Privacy questions? Direct contact:

Team@temenosai.com

Response time: within 24 hours

DISCLAIMER

Temenos is a tool for personal development and self-reflection, not a replacement for professional therapy or medical treatment.

- If you need psychological help:
- Netherlands: General Practitioner or GGZ (ggznederland.nl)
Crisis: 113 Suicide Prevention (113.nl) or 0800-0113
International: befrienders.org

We are not therapists and do not have a treatment relationship with you.

